Journaling

Guided Journaling Prompts for Hebrews 11

1. Understanding Faith
- What does the word "faith" mean to you? Write down your thoughts.
- Hebrews 11:1 says, "Now faith is the assurance of things hoped for, the conviction of things not seen." What are some things you hope for or believe in that you can't see?

2. Heroes of Faith
- Hebrews 11 mentions many people who had great faith. Pick one person from the chapter and write about what they did that showed their faith in God.
- How can you show faith in God like the person you chose? List a few actions or attitudes you can have.

3. Reflecting on Personal Faith
- Can you think of a time when you had to trust in something you couldn't see? How did it feel? Write about your experience.
- Why do you think it is important to have faith? Write down your ideas.

4. Applying Faith in Daily Life
- How can you practice having faith in God in your everyday life? List some examples of things you can do at home, at school, or with friends.
- Think of a challenge you are facing right now. How could your faith help you with it?

5. Prayer and Reflection
- Write a prayer asking God to help you grow in your faith.
- Thank God for one thing you trust Him for, even though you can't see it yet.

6. Expressing Gratitude
- List three things you're grateful for that strengthen your faith.
- How can you share your faith with someone else? Write down one way you could do this.

7. Imagining the Future with Faith
- Imagine what your life might look like if you have strong faith every day. Write a short story or draw a picture of your life with faith.
- What is one thing you are hoping for in the future where you need to trust God?

Encourage the students to take their time with each prompt and to consider sharing what they feel comfortable with during a group discussion or with their family.