

Music

Song Recommendations for Ephesians 1:

1. "God Loves Me So"

- Song Paraphrase:
- Simple repetitive lyrics like: "God loves me so, this I know, we're His children, He cares always."
- Suggested Actions:
- Children place their hands over their hearts when singing "God loves me".
- Lift arms to sky for "He cares always".
- Connection:
- Emphasizes God's love and care, aligning with themes in Ephesians about being chosen and loved by God.

2. "We Are Family"

- Song Paraphrase:
- Use lines like: "In God's family, we're all a part, loved and chosen, safe in His heart."
- Suggested Actions:
- Link arms with friends for "In God's family".
- Heart gesture when singing "loved and chosen".
- Connection:
- Relates to being part of God's family as mentioned in Ephesians 1.

3. "Blessed Be the Lord"

- Song Paraphrase:
- A repeated line: "Blessed be the Lord, for His blessings true, He loves me and you".
- Suggested Actions:
- Clap hands or pat knees in rhythm during "Blessed be the Lord".
- Point to self and others for "me and you".
- Connection:
- Reflects themes of praise and blessings from Ephesians 1.

Worship Activities:

1. "Blessing Ball Toss"

- Instructions:
- Gather in a circle and toss a soft ball. When catching, a child says, "I'm blessed because..." and fills in the blank.
- Lesson Connection:
- Reinforces the idea of being spiritually blessed as mentioned in Ephesians 1:3.

2. "Family Tree Craft"

- Instructions:
- Create a simple family tree using fingerprints or cutouts to show that we are part of God's family.
- Lesson Connection:
- Visual reminder of the concept of adoption into God's family discussed in Ephesians 1:5.

3. "Mirror Message"

- Instructions:
- Children look in a mirror and say affirmations like "I am chosen by God" and "I am loved".

- Lesson Connection:
- Reinforcement of Ephesians' message of identity and belovedness in Christ.

These activities and songs help preschoolers connect with the themes of Ephesians 1 in an engaging and age-appropriate manner.