

Journaling

Exodus 19 Guided Journaling for Elementary Students

Reflection

1. What is Happening?

Write about what happened in Exodus 19. How did the people of Israel feel when they arrived at Mount Sinai?

2. Hearing God's Voice

Imagine what it would be like to hear God's voice like the Israelites did. How would you feel? What would you want to hear from God?

3. Being Prepared

Think about why God asked the Israelites to prepare before meeting Him. How do you prepare when you're about to do something important or special?

Personal Application

4. Promises and Agreements

God made a special agreement with the Israelites. Have you ever made a promise or agreement with someone? Write about a time when you made a promise. Why is it important to keep our promises?

5. Being Part of a Community

The Israelites were a big community working together. How do you help your family, school, or community? How does it feel to be part of a group that works together?

6. Experiencing Awe and Respect

The Israelites were taught to have respect for God. Who or what do you respect in your life? Why is it important to show respect?

Prayer

7. Thanksgiving

Write a prayer thanking God for the ways He speaks to us and guides us. What are you thankful for today?

8. Help and Guidance

Ask God to help you listen to Him and follow His path. Write about something you need God's help with. How can God help you be better prepared for what you face this week?

Open-Ended Questions

9. Connecting to Daily Life

How can you show love and respect to others this week, just like God wanted the Israelites to do?

10. Listening to God

What are some ways you can listen to God in your own life? How can you make time to be quiet and listen for God's guidance?

Remember, your journal is a place for your thoughts and feelings, so don't worry about getting everything perfect. Just be honest and open!