

Journaling

Guided Journaling Prompts for Exodus 22

1. Understanding the Story

- What are some of the rules that God gave to the people in Exodus 22? Write down two or three that you remember.
- Why do you think these rules were important for the people back then?

2. Reflection

- Think about a time you borrowed something from a friend. How did you make sure it was safe and returned in good condition?
- How would you feel if someone took something from you? What would you want them to do to make it right?

3. Personal Application

- How can following rules help us live peacefully with others in our daily lives, like at school or home?
- Is there a rule at home or school that you find difficult to follow? Why do you think it is important for you to try?

4. Connection to Daily Life

- Write about a time when you helped someone fix a mistake or when someone helped you. How did that make you feel?
- How can you show respect and care for the things you use, even if they aren't yours?

5. Prayer

- Write a short prayer asking God to help you be responsible with the things you have and to treat other people fairly.
- Ask God to help you understand the importance of honesty and kindness in your actions every day.

6. Open-Ended Questions

- What do you think life would be like if people didn't follow rules? How can you help make sure that your community is a fair and kind place?
- If you could make one new rule to help everyone get along better, what would it be and why?