

Journaling

Guided Journaling Prompts for Leviticus 16

Reflective Questions:

1. Understanding the Day of Atonement:

- What was the purpose of the Day of Atonement in Leviticus 16?
- How did Aaron prepare himself before entering the Holy place?
- Why do you think it was important for the Israelites to have a special day to ask for forgiveness?

2. Personal Reflection:

- Have you ever asked someone for forgiveness? How did it make you feel?
- Why is it important to say sorry when you have done something wrong?
- What are some things you can do to show that you are sorry?

Connecting to Daily Life:

1. Applying the Lesson:

- Think about a time you did something you knew was wrong. What did you do to make it right?
- How can you use what you learned from the Day of Atonement in your everyday life?
- Can you make a plan to ask for forgiveness next time you make a mistake?

2. Feelings and Actions:

- How does it feel when someone forgives you?
- Do you find it hard or easy to forgive others? Why do you think that is?

Prayer Prompts:

1. Praying for Forgiveness:

- Write a prayer asking God to help you see the things you need forgiveness for.
- Thank God for the people who forgive you and pray you can forgive others as well.

2. Seeking Guidance:

- Ask God to help you be more understanding and patient with others.
- Pray for the strength to say sorry and make better choices.

Creative Expression:

1. Drawing or Writing:

- Draw a picture of something you are thankful for and write a sentence about why it's important to say sorry.
- Write a short story about a character who learns the importance of asking for forgiveness.

Encourage students to take their time with each prompt, think sincerely about their answers, and discuss their reflections with a trusted adult or classmate.