

# Journaling

## Guided Journaling Prompts for 'Numbers 1'

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### Reflection

#### 1. Understanding the Passage:

- What do you think was the most important reason for counting the people of Israel in Numbers 1?
- How do you feel knowing that each person was counted and considered important in this passage?

#### 2. Connecting with Characters:

- Imagine you were one of the Israelites being counted. How would you feel? Would you feel more important or special knowing you were included?

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### Personal Application

#### 1. Being Counted:

- Why do you think being counted and recognized is important for us today?
- Can you think of a time when you were chosen or included in something? How did that make you feel?

#### 2. Our Own Communities:

- How can you make others feel important and included at school or in your family?
- Name some ways you can be helpful in your community, just like the Israelites were helpful to each other.

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### Prayer

#### 1. Thankfulness:

- Write a prayer thanking God for making you an important part of your family and community.

#### 2. Help for Others:

- Ask God to help you be a person who makes others feel counted and important.

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### Open-Ended Questions

- What do you think would happen in a community if people weren't included or counted?
- How can you show others that they are important without actually counting them?
- What can you do this week to ensure everyone around you feels valued and noticed?

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These prompts are designed to help you think about how the lessons in Numbers 1 relate to your everyday life and your relationship with others.