

Journaling

Guided Journaling Prompts for Matthew 21:28-32

1. Understanding the Parable:

- Can you summarize the story of the two sons in your own words?
- Why do you think one son said "no" at first but then went to work in the vineyard?
- How did the father in the story react to his sons' actions?

2. Reflecting on Actions and Words:

- Have you ever said you would do something but didn't do it? How did it make you feel?
- Can you remember a time when you did something good even though you didn't want to at first? What happened?

3. Personal Application:

- Is there something you have been asked to do that you're finding hard to start? What might help you begin?
- How can you show with your actions that you are willing to listen and help, like the son who changed his mind?

4. Connecting to Daily Life:

- Who is someone you can help this week by doing something kind for them? What will you do?
- Think about a time when you saw someone else doing the right thing. How did it make you feel?

5. Prayer and Reflection:

- Write a prayer asking for help to make good choices, even when they are difficult.
- Thank God for the times you have done the right thing and ask for strength to keep making the right choices.

6. Creative Expression:

- Draw a picture of the vineyard and imagine what it would be like to work there. What do you see, hear, and feel?
- Write a short story or poem about a promise you keep or a promise you make to God about being helpful.

7. Gratitude and Thanks:

- List three things you're thankful for today and think about how you can show gratitude to those around you.
- Who is someone that encourages you to make good choices? Write about how they inspire you.

Encouragement:

- Remember that God is always happy when we make good choices, even if it's hard at first. Keep trying your best!