

Journaling

Guided Journaling Prompts: How God Changes Our Lives to Follow Him

Reflecting on Change:

1. What do you think it means to follow God?
2. Can you remember a time when you changed a habit to be more like Jesus? Describe what happened.

Personal Connection:

3. How does knowing God help you with your school or friends?
4. Think of a time when you helped someone. How did it make you feel? Do you think it brought you closer to following God?

Exploring God's Love:

5. Write about a Bible story where someone's life changed by following God. What can you learn from it?
6. How can you show kindness and love to others, just like God shows us?

Prayer and Gratitude:

7. Write a prayer asking God to help you change and grow. What would you like to change in your life?
8. List three things you are thankful for today. How do they remind you of God's love?

Daily Life Applications:

9. What is one thing you can do this week to be more like Jesus in your home or school?
10. How can you talk to God throughout your day to help guide you in making good choices?

Encouragement:

11. Write about something you find difficult. How can trusting in God make it easier?
12. What does forgiveness mean to you? Is there someone you need to forgive, as God forgives us?

Use these prompts to think about how you can let God work in your life every day.