

Journaling

Numbers 6: A Guiding Light

1. Reflecting on Vows

- What is a vow? Have you ever made a promise to yourself or someone else?
- Think about why keeping promises is important. How do you feel when a promise is kept or broken?

2. The Nazarite Vow

- In Numbers 6, people took a special vow called the Nazarite vow.
- What do you think made this vow special or different?
- How would you feel if you had to give up something important for a promise?

3. Personal Application

- Is there something important you can promise to God or yourself? What is it and why did you choose it?
- How can keeping this promise help you grow or become a better person?

4. Daily Connections

- Can you think of one small promise you can make each day to help others or to make the world a better place?
- How can you remind yourself of the promises you make? Maybe a note or a drawing?

5. A Moment of Prayer

- Take a moment to talk to God. Ask Him to help you keep your promises and to give you strength to make good choices.
- Write down your prayer: God, please help me to .

6. Closing Thoughts

- Draw or write about a time when you felt proud of keeping a promise.
- How did that experience make you feel inside and how did it help you or others?