

# Journaling

## Guided Journaling Prompts for Deuteronomy 30

### 1. Understanding the Message

- What is a promise that God makes in Deuteronomy 30? How does that promise make you feel?
- Can you think of a time when you made a promise to someone? What did you promise and why?

### 2. Personal Reflection

- God talks about choosing life and good things. What are some good choices you make every day?
- Is there a difficult choice you need to make soon? How can thinking about God's promises help you with that decision?

### 3. Connecting to Daily Life

- God asks us to love and follow Him. What are some ways you can show love to God in your everyday actions?
- Who is someone in your life that helps you make good choices? How can you thank them this week?

### 4. Application through Action

- Write down one thing you will do this week to choose kindness and love in your actions. How might that make a difference in someone else's day?
- Think about a situation at school or home where you can make a good choice. What will you choose to do?

### 5. Prayer Reflection

- Write a short prayer asking God for help in making good choices. Thank Him for His guidance and love.
- Who is someone you want to pray for today? Write their name and how you'll pray for them.

### 6. Open-Ended Questions

- What does it mean to you when God says, "I have set before you life and death, blessings and curses"? How does this help you think about your own choices?
- If you were to explain God's promises to a friend, what would you say? How can you encourage them to trust in those promises?

Use these prompts to think deeply, feel grateful, and make choices that reflect your faith and love for others.