# Journaling

Guided Journaling Prompts for Judges 19

1. Understanding the Story:
- Who are the main characters in this chapter? How would you describe them?
- What happens to the Levite and his concubine? Can you retell the story in your own words?

2. Reflecting on the Characters' Actions:
- How did the people in the town treat strangers and guests? How do you think they should have behaved?
- Have you ever been in a situation where someone was not treated kindly? How did that make you feel?

3. Connecting to Personal Experience:
- Think about a time when you had to make a hard decision. What helped you decide what to do?
- What can we learn from this story about treating others? How can you show kindness and hospitality to someone today?

4. Applying the Lesson:
- What would you do if you saw someone being treated unfairly? Who could you talk to for help?
- How can we make sure everyone feels safe and welcome in our community?

5. Prayer and Reflection:
- Write a prayer asking for courage to stand up for what is right and for kindness to treat others with love.
- Thank God for the guidance to help us make good choices and to care for those around us.

6. Open-Ended Reflection:
- What is one thing you learned from this story that you want to remember?
- If you could change one part of the story, what would it be and why? How might your changes make a difference?

Use these prompts to think deeply about the story, your own life, and your relationship with others.