Journaling

Guided Journaling Prompts for 1 Samuel 17

1. Understanding the Story
- Who are the main characters in the story of David and Goliath? Write their names and describe what they did.
- How did David show courage when everyone else was afraid? Can you describe a moment in the story that shows his bravery?

2. Reflection
- Have you ever been afraid to do something because it seemed too difficult? Write about a time when you felt this way.
- How did you overcome your fear, or what would you do differently next time?

3. Personal Application
- What do you think God wants us to learn about trusting Him from this story?
- Write about a challenge you are facing now. How can you trust God like David did?

4. Connecting to Everyday Life
- Can you think of a "giant problem" in your life? It doesn't have to be a real giant but something that seems big and hard to deal with. Describe it.
- How can you use David's example to face this problem? List some steps or actions you can take with God's help.

5. Prayer
- Write a prayer asking God for courage like David's. You can start with, "Dear God, sometimes I feel afraid when…"
- Thank God for the times He has helped you be brave. Talk to Him about how you want to trust Him more.

6. Open-Ended Questions
- Why do you think David was so confident even though he was smaller and younger than Goliath?
- If you were one of the Israelites, how might seeing David fight Goliath change how you felt about God?
- What does this story make you want to do or change in your own life?

Remember, God is always with us, just like He was with David. Make sure to talk to Him about what you wrote today!