

Journaling

Guided Journaling Prompts for '2 Samuel 19'

Reflection:

1. The Return of the King:

- In 2 Samuel 19, King David returns to Jerusalem after the conflict with his son Absalom. How might the people have felt when the king returned? Imagine you were there — write about what you see and hear.

2. David's Kindness:

- David shows kindness to those who opposed him, like Shimei and Mephibosheth. Why do you think it is important to forgive others? Write about a time when you forgave someone or when someone forgave you.

3. Joy and Sadness:

- David experiences both sadness over his son Absalom's death and joy at being king again. How do you think someone can feel both of these emotions at the same time? Can you think of a time when you felt happy and sad about something?

Personal Application:

1. Being a Peacemaker:

- David worked to bring peace back to the kingdom. What are some ways you can be a peacemaker in your family, school, or community? Write about one way you will try to bring peace this week.

2. Showing Kindness:

- David showed mercy to those who were against him. Is there someone you can show kindness to, even if it's hard? Write about how you can show kindness to others, especially those who may not expect it.

3. Celebrating Others:

- When someone does something good or returns after being away, it can be a time for celebration. How do you like to celebrate special moments? Write about a recent time you celebrated someone or something.

Prayer:

1. Praying for Forgiveness:

- Write a short prayer asking God to help you forgive others, just like David forgave. Ask for His strength to show kindness and love, even when it's difficult.

2. Thankfulness:

- Write a prayer thanking God for the people in your life who forgive you and teach you about mercy. Ask Him to help you be more like them.

3. Guidance for Peacemaking:

- Ask God in prayer to give you wisdom and courage to be a peacemaker. Pray for His help to bring

joy and peace wherever you go.

By thinking about these questions and writing down your thoughts, you can understand the lessons from 2 Samuel 19 and think about how you can apply them in your own life.