

Journaling

Guided Journaling Prompts for '2 Samuel 23'

Reflection Questions:

1. **Heroes and Leaders:** In 2 Samuel 23, we read about King David's mighty warriors. Who are some people you look up to as heroes or leaders in your life? Why do you admire them?
2. **Courage and Bravery:** The warriors showed great bravery and courage. Can you think of a time when you had to be brave? How did it feel? What did you learn from it?
3. **Teamwork:** David's mighty warriors worked together as a team. Why do you think teamwork is important? How can you be a good team player with your friends or classmates?

Personal Application Questions:

4. **Using Talents:** Everyone has special talents, like the warriors had skills in battle. What is one special talent or gift that you have? How can you use it to help others?
5. **Facing Challenges:** The warriors faced many challenges. Is there a challenge you are facing right now? How can you find the courage to face it like David's warriors?
6. **Serving Others:** David and his warriors served each other and their country. How can you serve others in your family, school, or community? What is one thing you can do to help someone today?

Prayer Prompt:

7. **Talking to God:** Write a simple prayer asking God to help you be brave and to use your talents for good. You can begin with, "Dear God, please help me to..."

Connecting to Daily Life:

8. **Acts of Kindness:** The passage highlights loyalty and bravery. Think of a small act of kindness you can do this week to show loyalty and kindness to a friend or family member. What will you do?
9. **Learning from Mistakes:** David wasn't perfect, but he trusted God. Have you ever made a mistake but then tried to do better? Write about what happened and how you can learn from it.

Remember, it's okay to not have all the answers right away. Take your time, think deeply, and enjoy your journaling!