

# Journaling

## Guided Journaling Prompts for '1 Kings 1'

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### Reflection

#### 1. Who are the Main Characters?

- Write down the names of the main characters you read about in 1 Kings 1. Who do you think has the most important role in this part of the story?

#### 2. What Happened?

- Summarize the story in your own words. What are the key events that take place?

#### 3. What Did You Learn?

- What lesson do you think God wants us to learn from this chapter?

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### Personal Application

#### 4. Making Good Decisions

- In the story, important decisions are made about who will be king. Think about a decision you've made recently. How did you make sure it was a good choice?

#### 5. Being a Leader

- Adonijah wanted to be king, but Solomon was chosen by God. What do you think makes someone a good leader? Write about someone you know who is a good leader.

#### 6. Listening to Wise Advice

- Nathan the prophet gave good advice. Who in your life gives you good advice? How do you feel when you listen to them?

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### Prayer

#### 7. Gratitude

- Write a short prayer thanking God for the leaders in your life, like your parents or teachers.

#### 8. Asking for Guidance

- Ask God to help you make wise decisions, just like the people in the story needed wisdom for choosing a king.

#### 9. Help with Challenges

- Write a prayer about something you are finding difficult right now. Ask God to help you, just like He helped King David and Solomon.

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## Open-ended Questions

### 10. Connecting to Daily Life

- If you could ask one of the characters in the story a question, who would it be and what would you ask them?

### 11. Acting with Wisdom

- How can you show wisdom in your own life today, even if you're not a king? Write about one thing you can do this week to be wise.

### 12. Reflect on a Promise

- Think about a promise you have made. How can you make sure you keep it? Why is it important to keep promises?

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Use these prompts to explore what 1 Kings 1 means to you and how it can guide your actions today. Take your time and be honest with your thoughts and prayers.