Journaling

Guided Journaling Prompts for 1 Kings 12

Reflection:
1. How did King Rehoboam make his decision about how to treat the people? What advice did he listen to?
2. How do you think the people felt when King Rehoboam did not listen to them and made things harder?
3. Why do you think it’s important to listen to wise advice? Can you think of a time when you listened to someone’s advice, and it helped you?

Personal Application:
1. Think about a decision you recently made. Who did you talk to, and how did you make your choice?
2. Rehoboam had a choice between being a kind leader or a harsh one. How do you choose to treat others kindly at school or home?
3. Who are the “wise counselors” in your life? How can you show them gratitude this week for their guidance?

Open-Ended Questions:
1. Imagine being in Rehoboam’s shoes. What would you have done differently, and why?
2. Although Rehoboam made a hasty decision, what can you learn from his story about seeking God’s guidance in your choices?
3. How can you practice listening better to those who care about you and want to help you make good decisions?

Prayer:
1. Write a prayer asking God to help you seek wisdom in your choices.
2. Pray for people you know who give good advice. Ask God to give them wisdom and strength.
3. Thank God for the people in your life who help guide you and ask Him for courage to follow what is right.

Take some time to write or draw about your thoughts and feelings. Remember, journaling is a way to express yourself, so there are no wrong answers!