# Journaling

Guided Journaling Prompts for 2 Kings 1

1. Understanding the Story
- Who is the king in this chapter, and what happens to him? Write about what you remember from the story.
- How does God respond when the king sends messengers to ask another god for help? Why is this important?

2. Reflect and Imagine
- Imagine you are one of the king's messengers. How would you feel if you met Elijah on the road and heard his message?
- Elijah was very brave to speak the truth from God. Write about a time when you needed to be brave. What happened?

3. Connect to Everyday Life
- Elijah listened to God and did what was right, even when it was hard. Think about a time you chose to do the right thing. How did it make you feel?
- When have you needed help and decided to ask God for it instead of trying to do it all on your own? What did you learn from that experience?

4. Personal Application
- How can you show trust in God when things don't go as planned? Write about a specific situation where you can apply this.
- If you could give advice to someone struggling to believe in God's power, what would you say?

5. Prayer Reflection
- Write a short prayer asking God for the courage to do what is right, like Elijah did.
- Take a moment to thank God for being powerful and caring. What are three things you are thankful that God helps you with?

6. Creative Expression
- Draw a picture of the scene where Elijah is speaking to the king's messengers. What details will you include to show that Elijah is a messenger of God?
- Create a dialogue between Elijah and the messengers. What questions would they ask, and how might Elijah respond?

Use these prompts to think about the story of 2 Kings 1 and how it can guide you to be brave and trust in God every day.