Music

Song Recommendations:

1. "Trading My Sorrows" by Darrell Evans

Lyric Paraphrase: "I'm trading my sorrows, I'm trading my shame, I'm laying them down for the joy of the Lord."

Suggested Actions: Encourage students to do a simple clap or snap to the beat as they sing, representing trading sorrows for joy.

Connection to Lesson: This song aligns with the themes of reconciliation and overcoming strife, as seen in David's journey. Students can reflect on exchanging burdens for God's joy amidst conflicts.

2. "Blessed Be Your Name" by Matt Redman

Lyric Paraphrase: "You give and take away, my heart will choose to say, Lord blessed be Your name."

Suggested Actions: Have students raise their hands during the chorus, symbolizing surrender and trust in God's plan, much like David's attitude during his reign.

Connection to Lesson: This song can help students understand the importance of praising God in both victories and challenges, as David did.

3. "One Thing Remains" by Jesus Culture

Lyric Paraphrase: "Your love never fails, it never gives up, it never runs out on me."

Suggested Actions: Use American Sign Language signs for "love," "never," and "fail" to engage students in expressing the stability of God's love.

Connection to Lesson: God's unwavering love and support for David amidst tensions with Saul’s house reflect the enduring love highlighted in this song.

Worship Activities:

1. Character Reflection Activity

Students will pair up and discuss characteristics of David that reflect God's heart, such as his patience and trust during conflict. Encourage them to share situations where they can emulate these traits.

2. Story Re-enactment

Divide students into groups and assign them roles from 2 Samuel 3. Provide them with a short script or allow them to creatively come up with a reenactment of key events—like David’s response to conflict with Abner. This dramatization helps internalize the scripture’s lessons.

3. Prayers of Reconciliation

Lead a prayer session where students can write anonymous prayers or thoughts on reconciling with someone they're in conflict with. Collect these in a box and pray over them as a group.

These activities and songs should engage Junior High students in 2 Samuel 3's themes of reconciliation, leadership, and God's faithfulness.